

User Guide



Thank you for taking the time to watch our Dog Safety Workshops with your class/group.
Please find below some useful tips for getting the best from our new videos and resources.

There are four videos in total. Ideally, you should watch them all in order. However, if time is limited, don't worry - each video includes a recap of the key points to help learners catch up.

This guide provides a brief summary of each video to help you decide which to use (if you're not watching all four).

We would really appreciate your honest feedback, just [Click Here](#) to share your thoughts.

Best wishes,
Dogs Trust Education Services
educationservices@dogstrust.org.uk

Staying Safe Around Dogs When Out and About

Staying safe
around dogs when
out and about



Supports children to have safe, kind interactions with dogs they may encounter when outdoors. Learning to follow the 3Cs (Check, Call, Count), encouraging respect and promoting consideration of others. Understanding how to be a 'Statue' and a 'Tortoise' supports safer outcomes and may also build confidence in children who feel anxious around dogs.

Who will benefit from this video?

This video is beneficial for all children, but will be of particular value if:

- your school is located in an area with a high dog population
- children live in neighbourhoods where there are many dogs
- children regularly spend time in places where dogs are present, such as parks or beaches
- dogs are often around during school drop-off and pick-up times.

By raising awareness and promoting safe behaviours around dogs, this video helps children feel more confident and stay safer in everyday situations.



A dog is for **life**®



Living Safely With Dogs



Helps children build safe, kind relationships with dogs they live with or know. Using the 'ABCs of being a dog's best friend' this lesson explores behaviours and scenarios that dogs can often find worrying and teaches children alternative, safe ways to interact with dogs.

Who will benefit from this video?

This video is beneficial for all children, but will be particularly valuable if:

- children live with dogs
- dogs visit their homes
- children visit friends or family members who have dogs.

By raising awareness and promoting safe behaviour around dogs, the video helps children feel more confident and stay safer in everyday situations where dogs may be present.

A dog is for **life**®

School Dogs



Builds on what children learnt in the 'Living Safely With Dogs' lesson and helps them to apply the 'ABCs' in a school or educational setting. It also explores the important topic of dog body language, supporting children to interact safely with either resident or visiting dogs.

Who will benefit from this video?

This video is beneficial for all children, but it will be particularly valuable if:

- your school has a school dog
- you are considering getting a school dog
- dogs visit your school, such as therapy dogs or reading dogs
- a member of your school community has a support dog.

By raising awareness and promoting safe behaviours around dogs in school settings, this video helps children feel more confident and stay safer in everyday situations where they may encounter dogs, while also ensuring the wellbeing of the dog is respected and protected.

For more information about dogs in schools, please access the School Dogs Toolkit on our website - a practical guide to support schools and other educational settings.



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Wellbeing, Dogs and Me

**Wellbeing, dogs
and me**



Explores ways to support both our own and our dogs' mental and physical health. The lesson includes individual and group activities designed to boost children's wellbeing while also teaching fun, practical ways to help dogs be happy and healthy.

Who will benefit from this video?

This video is beneficial for all children, but will be of particular value if:

- you have children whose wellbeing could benefit from a confidence boost
- you'd like to encourage children to empathise and support the wellbeing of others
- wellbeing is part of your PSHE curriculum
- the children are learning about caring for animals.

By raising awareness and promoting safe, respectful behaviour around dogs, this video helps children feel more confident and stay safer in everyday situations where they may encounter dogs. It also supports the wellbeing of both children and dogs by fostering empathy, responsibility, and understanding.

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Duration and suggested timings for each video workshop

Video running time: 15 – 20 minutes

Suggested total session time: 30–40 minutes

This allows time for:

- class discussion
- voting activities
- writing the children's 'Pup Promises'
- completing the optional supporting worksheets.



We recommend setting aside the full 30–40 minutes to make the sessions engaging, interactive, and meaningful for the children.

Your role before and during the video workshops

- Look out for “pause now” points to stop the video, share ideas and facilitate activities. Some activities require discussion or role play - please give children time to engage.
- For quick votes, use simple actions like thumbs up/thumbs down.
- Each video has an optional activity sheet including a pup promise (to be completed during or after the session); print these beforehand if you'd like to use them. They're beneficial for children who prefer off-screen learning. There's an accompanying answer sheet to help you guide children through.
- At the end, children write a Pup Promise – a pledge to a dog they know (or dogs in general) about something they've learned. Encourage children to share, display, or take home their promises to reinforce the message.
- You can also print the optional 'Pup Promise' templates before starting.
- All that's needed is a pen or pencil – and the optional printables if you choose to use them. Completed work can be used for class displays, the PSHE Curriculum or taken home to share with families.
- If showing multiple videos, skip the two-minute introduction clip.

We hope you enjoy the workshops!

Please check our website for more resources to help young people stay safe around dogs.



[dogtrust.org.uk](https://www.dogtrust.org.uk)



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